



SPRING TRAINING – SATURDAY APRIL 8th 2023 – LONG TRACK CONFIGURATION

It's that time of the year! Spring Training will be split into two segments, with Rookie Training and Orientation starting the day and Timed Practice for ALL members getting underway after lunch. FREE to drivers who register for TRAK Race 1, Rookie Training is mandatory for all members who are new to club racing this year and to those who are looking to join the club for the first time. Fifteen bonus points will be awarded to all drivers who participate in the afternoon 'Timed Practice', a great way to start off your 2023 campaign and no better way to prepare for TRAK Race 1 which will take place the very next day

Please note: ALL Rookie Drivers intending to participate in Rookie Training must confirm their spot by emailing daniel@goodwoodkartways.com. Email us today!

TRAK Spring Training Itinerary – Saturday April 8th, 2023 at Goodwood Kartways

- 8:00am – Gates open
- 8:30am – Rookies Only – In-class training
- 10:00am – Rookies Only – On-track training
- 11:00am – Sign-in and transponder assignment (ALL Members)
- 12:00pm – Drivers meeting – ALL drivers
- 12:30pm – VLR Senior/VLR Masters - Session 1
- 12:40pm – Briggs Cadet - Session 1
- 12:50pm – Briggs Junior - Session 1
- 1:00pm – Briggs Senior - Session 1
- 1:10pm – Briggs Junior Lite - Session 1
- 1:20pm – Mini Rok – Session 1
- 1:30pm – Briggs Masters– Session 1
- 1:40pm – VLR Junior– Session 1
- 2:00pm – Same order as above – Session 2
- 3:30pm – Same order as above – Session 3
- 5:00pm – Conclusion of on-track activities

*Class groupings and practice order subject to change based on participation.

IMPORTANT. PLEASE READ:

- *ALL participants must complete and show proof of our 'Electronic Waiver' prior to any on-track activities. This process only needs to be completed once for the 2023 Season but participants will be required to show proof of completion at registration for EACH event. Scan the QR Code below. Thanks for your cooperation.*

